

SIAM-CARE IMPACT TRIPS

INFORMATION PACKAGE



ARE YOU READY FOR THE TRIP OF YOUR LIFE?

COME AND MAKE A DIFFERENCE

ARE YOU READY FOR THE TRIP OF YOUR LIFE?

Do you want to live out your Christian faith and discover the world? Come to Thailand for Siam-Care's impact trip. You will see beaches and jungles, and in the meanwhile make a difference for those in need.

During a trip of two or three weeks you will see much of Thailand. You will discover the sparkling city of Bangkok, will hunt down the jungle for monkeys, elephants and tigers and you will chill on one of the beautiful beaches of Thailand. Plus you will learn to speak some simple Thai phrases. Yet this trip is not just a relaxing holiday: During your time in Thailand you will reach out to poor and sick people. You will build houses, teach English, visits prisons and more.

FOR I WAS HUNGRY AND YOU GAVE ME FOOD, I
WAS THIRSTY AND YOU GAVE ME SOMETHING TO
DRINK



I TELL YOU THE TRUTH, JUST AS YOU DID IT FOR
ONE OF THE LEAST OF THESE BROTHERS OR
SISTERS OF MINE, YOU DID IT FOR ME

MATTHEW 25: 35-40

PURPOSE OF YOUR TRIP

THE SIAM-CARE IMPACT TRIP HAS 2 IMPORTANT PURPOSES: MAKING A DIFFERENCE FOR PEOPLE IN NEED AND LETTING YOU EXPERIENCE A TRIP WHICH YOU WILL NEVER FORGET.

Being a Christian is not always easy. Because how do you show others at home, at school or at work that you believe in God? During the trip, Siam-Care shows you learn how to make a difference for those in need and how to live out your faith. You'll be reaching out to poor and sick people in practical ways. And during our daily devotions you will learn more about the biblical command to help the poor and sick. In Matthew 25, Jesus says that as you have reached out to people in need, you actually did it for him. This clearly indicates that Jesus finds it important that we help the poor and the sick. In Thailand you will get a chance to respond to this biblical command.

HOW DO I MAKE A DIFFERENCE?

During the trip you will reach out to people in need. This can be done in several ways. Among other things you will visit a local prison and encourage HIV-positive prisoners. You will also help our staff to build toilets or replace roofs. Do not worry if you never touched a hammer or saw before; our staff will make sure you will not lose any fingers or break a leg. Also you will organize a mini camp for our sponsored children. During this camp you'll play games, sing songs and eat together. You'll also get the chance to teach English at a Thai high school and in a local slum community. On the next page you will find two sample programs, to give you an idea of what your trip might look like.

SAMPLE PROGRAMS

TOGETHER WITH SIAM-CARE YOU WILL CREATE A 2 OR 3 WEEK PROGRAM, WHICH CORRESPONDS WITH YOUR WISHES AND SIAM-CARE'S NEEDS. THESE SAMPLE PROGRAMS GIVE YOU AN IDEA OF WHAT YOUR TRIP MIGHT LOOK LIKE.

SAMPLE PROGRAM 1: 2 WEEK TRIP

Day 1: Arrival in Bangkok, get some rest
Day 2: Introduction to Thailand, Siam-Care en pray for trip + visit poor families in slum community and hand out food
Day 3: Visit international church/ sight seeing or get some rest
Day 4: Visit prison/ sight seeing
Day 5: Jungle trip
Day 6: Jungle trip + trip back to Bangkok
Day 7: Travel to northeast Thailand: Mukdahan
Day 8: Organise camp for poor children
Day 9: Plant rice + build (part of a) house
Day 10: Visit local church and lead worship / share your testimony / sight seeing
Day 11: organise fun and sport activities for poor children
Day 12: trip back to Bangkok / sight seeing
Day 13: relax on the beach
Day 14: relax on the beach
Day 15: goodbye, evaluation and flight back home

SAMPLE PROGRAM 2: 3 WEEK TRIP

Day 1: Arrival in Bangkok, get some rest
Day 2: Introduction to Thailand, Siam-Care en pray for trip + visit poor families in slum community and hand out food
Day 3: Build (part of) house / workshop Thai cooking + buy ingredients at local market
Day 4: Teach English to kids in slum community / sight seeing
Day 5: Teach English to high school kids
Day 6: Jungle trip
Day 7: Jungle trip + trip back to Bangkok
Day 8: Fundraise activiteit + fun activity
Day 9: Visit international church/ sight seeing or get some rest
Day 10: Travel to northeast Thailand: Mukdahan
Day 11: Build (part of a) house
Day 12: Organise fun and sport activities for poor children from slum community
Day 13: Plant rice + home visits to migrant families and hand out food
Day 14: Organise English is fun camp for sponsored children
Day 15: Visit local church and lead worship / share your testimony
Day 16: Trip back to Bangkok / sight seeing
Day 17: Visit prison and organise activity for prisoners
Day 18: Fundraise activity on local market
Day 19: Relax on the beach
Day 20: Relax on the beach
Day 21: Goodbye, evaluation and flight back home

PRICES SIAM-CARE IMPACT TRIPS

WE HAVE DONE OUR VERY BEST TO KEEP THE TRIPS AFFORDABLE. THE SIAM-CARE IMPACT TRIPS ARE CHEAPER THAN MOST OTHER TRIPS FOR YOUTH GROUPS. ON THIS PAGE WE WILL GIVE YOU AN OVERVIEW OF THE PRICES OF THE SIAM-CARE IMPACT TRIPS.

	Price per person for the 2 week trip:	Price per person for the 3 week trip:
With groupsize of 2 people	1250 euro's	1500 euro's
With groupsize of 3 people	1200 euro's	1450 euro's
With groupsize of 4 people	1150 euro's	1400 euro's
With groupsize of 5 people	1100 euro's	1350 euro's
With groupsize of 6 people	1050 euro's	1300 euro's
With groupsize of 7 people	1000 euro's	1250 euro's
With groupsize of 8 people	950 euro's	1200 euro's
With groupsize of 9 people	900 euro's	1100 euro's
With groupsize of 10 or more people	850 euro's	1000 euro's



The prices as mentioned above are including:

- pick up service from the airport
- all meals during your stay in Thailand
- all overnight stays during your stay in Thailand
- all transportation during your trip
- all activities during the trip

The prices as mentioned above are excluding:

- return ticket from your home country to Bangkok
- Souvenirs
- Extra activities during free time
- immunizations
- Travel insurance

ABOUT SIAM-CARE

IN THAILAND, THE NUMBER OF PEOPLE INFECTED WITH HIV / AIDS. SINCE 1991 SIAM-CARE HAS WORKED FOR FAMILIES WHO ARE HIV-POSITIVE.

As a Christian organization we want to give a Biblical answer to the needs of disadvantaged people. Especially of families affected by HIV / AIDS. We stand next to them and offer a shoulder to cry on. We also give scholarships to children, provide job trainings and coach people in their medication use. Our goal is to improve the quality of life of people in need and to share God's love with them.





TARGET GROUPS SIAM-CARE

- Infected parents who do not have knowledge about medicines and treatments;
- Grandparents who take care of the children of their deceased children;
- (Stigmatized) AIDS orphans;
- Children with their single, stigmatized, infected mother;
- Children who are infected with the HIV virus from birth;
- Young people who are at high risk to get infected by neglect of parents;
- Infected young people who want to start a relationship;
- Infected widows and widowers who have found a new partner again;
- Stigmatized and ostracized widows.

PURPOSE SIAM-CARE

We provide utmost care and support within the home situation of our families. We believe that it is best for children if they stay with their family rather than in an orphanage. We help sick people to live as independently as possible. We mediate in obtaining small loans that help people to start their own businesses. We are also encouraging churches and communities to care for the needy in their environment. Acceptance herein is the code word, because many people who are HIV-positive feel condemned by their environment. Siam-Care not only helps with practical matters, such as medication and food, but also gives emotional and spiritual support. We hope people will discover that God loves them and cares for them.

MOST IMPORTANT PROGRAMS SIAM-CARE

-  **School Sponsorship Program:** Siam-Care supports around 250 children who could not go to school without our help. Almost all of these children have been affected by HIV in their family
-  **Family Care:** we support poor and sick families. We distribute food, help people find jobs, coach them in different areas and offer a shoulder to cry on.
-  **Prison Program:** Every two weeks we visit two prisons in Bangkok where HIV-infected inmates are being captured. We listen to them, teach them about HIV and talk with them about their future.
-  **Education in schools:** Siam Care informs secondary school students about the dangers of sexually transmitted diseases, including HIV / AIDS. We also tell them about child rights and the dangers of human trafficking.

ABOUT THAILAND AND HIV

A BEAUTIFUL COUNTRY WITH CHALLENGES

Most people recognize Thailand as the land of spicy food, jungle, friendly people and beautiful bounty islands. The Southeast Asian country is indeed beautiful and has many places that are worth visiting. Besides all the natural beauty and the special culture the country also has its challenges. HIV still poses a problem and the gap between rich and poor is very big.

Approximately 500,000 people in Thailand are infected with the HIV virus, about 1 percent of the total population. Many of them live in poverty. A low income, an HIV infection and the social exclusion that follows, impedes them to function normally and pushes them to the edge of society. Medication is available for free, but people often do not know where to go. People with HIV are often judged by their environment and feel alone. Plus they have little knowledge of HIV and associated medication. Also, HIV has often a major impact on the financial situation of a family; with high medical expenses and less strenght to work. In short: there are plenty of challenges for HIV-positive people.

POVERTY AND HIV IN THAILAND: FACTS AND FIGURES

- 67 million inhabitants in total
- 500 thousand Thai people are HIV-positive
- 20 thousand people deceased because of HIV in 2014
- Average income Siam-Care's families: 3 euro's per day
- Richest 20 percent earns 70% of the country's total income
- Poorest 20 percent earn 2% of the country's total income
- Most HIV infections in age group 15 to 24 years
- More than 500 thousand orphans because of HIV

FUNDRAISE TIPS

TO COLLECT YOUR TRAVEL COSTS, THERE ARE DIFFERENT THINGS THAT YOU CAN DO.

HERE ARE SEVEN IMPORTANT TIPS!

1: DO A CHARITY RUN

Ask your church, school or friends if they want to organize a charity run together with you. For each lap, minute or kilometer, ask your friends and family to sponsor you with a certain amount.

2: SELL HOMEMADE CAKE OR PIE

Bake (or ask your mother to bake) a delicious cake or pie and sell it to your friends. Or ask the church if you can sell your homemade cake on a Sunday after church.

3: SELL STUFF AT A FLEA MARKET

Collect all your father's old CD's, that hometrainer your mother never uses anyway and your studybooks and sell them at a local flea market!

4: ORGANIZE A CONCERT

Organize a concert in the church and let people pay a small entrance fee. Simple and fun, both for the musicians and visitors!

5: WASH CARS

Ask a local hardware store or grocery store if you can use their parking lot to wash cars of customers for a small fee.

6: DO AN OFFERING IN YOUR CHURCH

Ask the elders or your pastor if you can use the proceeds of a offering for your Impact Trip to Thailand. This is also a great way to share about your trip!

7: USE SOCIAL MEDIA

Share information with friends and family, so that many people hear about your plans. Do not exaggerate; don't post new updates every day, you don't want to annoy people.



THE PERSON WHO HAS TWO TUNICS MUST SHARE
WITH THE PERSON WHO HAS NONE, AND THE
PERSON WHO HAS FOOD MUST DO LIKEWISE.

LUKE 3:11

EXPERIENCES FROM PREVIOUS TRIPS

HERE YOU CAN READ ABOUT EXPERIENCES OF YOUNG PEOPLE WHO PREVIOUSLY DID THE SIAM-CARE IMPACT TRIP.

MEGAN WEEDS, 19 YEARS:

“Because of the trip I now see the world with different eyes. The people I have met have changed the way I want to live”

BRADLEY ALLSOP, 20 YEARS:

“It was brilliant to be able to help people who fight against injustice at a local level, and to see how much impact they have”

MICHEAL PRINCE, 17 YEARS:

“It was really cool that we both experienced beautiful beaches and sad places in Thailand. It has made an enormous impression on me”

JESSICA ANDERSIN, 18 YEARS:

“A simple smile or a few words can have a huge impact on a prisoner. It cheers them up that strange foreigners are interested in them. Their grateful smile made me realize how ungrateful I am sometimes”

ELINE VAN DER MOLEN, 21 YEARS:

“I’ve never regretted my choice to come to Thailand. The trip had something to offer for everybody: adventure and impressive moments. I would recommend everybody to visit Siam-Care”

BART JANSEN, 17 YEARS:

“Thailand is an incredibly beautiful country. I do not know what has impressed me more: the beaches and the jungle or the poverty and distress of some people Siam-Care supports”

OTHER INTERESTING THINGS

DID WE ALREADY MENTION THAT:

- A DUTCH, ENGLISH AND THAI SPEAKING GUIDE WHO KNOWS THAILAND AND THE THAI CULTURE VERY WELL, WILL BE WITH YOU ALL THE TIME
- THAILAND HAS THE MOST BEAUTIFUL BEACHES OF THE WORLD, ACCORDING TO TRIPADVISOR.
- SIAM-CARE WORKS TOGETHER WITH LOCAL CHURCHES AND FOUNDATIONS
- DURING THE TRIP SIAM-CARE WILL PREPARE DEVOTIONS TO OPEN THE DAY
- HIV IS ONLY TRANSMISSIBLE THROUGH BLOOD OR SEX, SO YOU DO NOT HAVE TO BE AFRAID OF CONTAMINATION
- WE WILL CAMP IN THE MIDDLE OF THE JUNGLE (GUIDED BY PROFESSIONAL RANGERS, SO DON'T WORRY) AND YOU WILL HAVE A CHANCE TO SEE ELEPHANTS, BEARS, TIGERS, MONKEYS AND BIRDS
- IN BANGKOK THE TEMPERATURE ALMOST NEVER DROPS UNDER 30 DEGREES, SO DON'T WORRY ABOUT BAD WEATHER!
- WHEN ARRIVING IN BANGKOK YOU WILL GET A VISA ON ARRIVAL FOR FREE,
- THERE ARE VERY GOOD INTERNATIONAL HOSPITALS IN THAILAND, HEALTH CARE IS VERY MODERN AND MOST DOCTORS SPEAK ENGLISH.



WANT TO KNOW MORE?

IF YOU ARE INTERESTED IN THE SIAM-CARE IMPACT TRIPS, YOU CAN SEND AN EMAIL TO JAN-PETER.KELDER@SIAMCARE.ORG FOR MORE INFORMATION.

YOU CAN ALSO CALL OR SKYPE, SEND AN EMAIL TO ASK FOR THE CONTACT INFORMATION.